



# **A PATH TO THRIVE**

***Reducing Emergency Department  
Recidivism Through Peer Support***

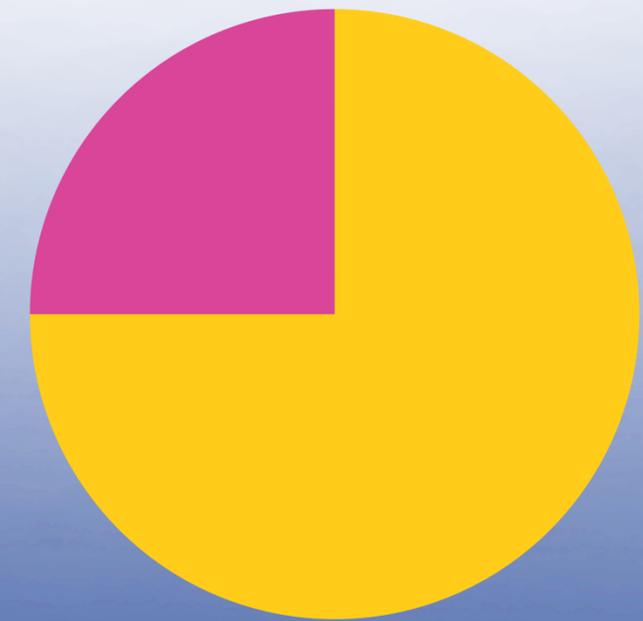
# Framing the Challenge

- High ED utilization by behavioral health and substance use patients
- Repeat visits strain staff, increase boarding, and slow throughput
- Rising demand for mental health support without added hospital resources
- Pressure from CMS, Joint Commission, and MCOs to improve outcomes

● Medicaid Enrollees (99%)  
● Medicaid Super-Utilizers (...)



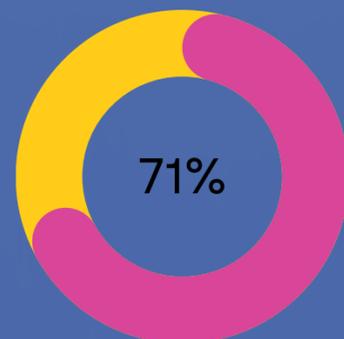
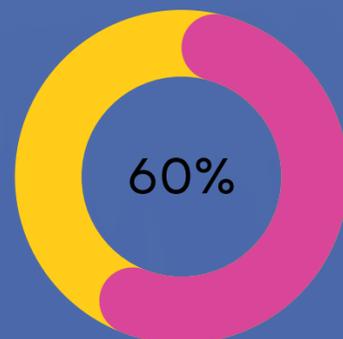
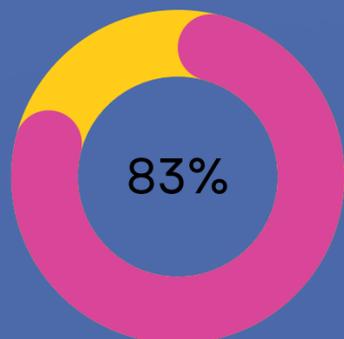
● Medicaid Enrollee Spendin...  
● Medicaid Super-Utilizer Sp...



DISPROPORTIONATE

CONTINUES ANNUALLY

MEDICALLY COMPLEX



Among the top spenders, 83% have 3+ chronic conditions, 60% have 5+ chronic conditions, and 71% have mental health diagnoses

# Introducing *A Path to Thrive*

**A statewide model for peer led recovery.**

Implementation available in hospitals **throughout the state** of Ohio.

**Embedding hope within health systems.**

Peers can offer that **“meet-you-where-you-are”** approach, engaging and connecting patients to care.

**Removing barriers for participation.**

A **no-cost solution** for hospitals, leveraging a value based, shared savings, shared risk model.

**Driving alignment across systems of care.**

**Aligns** with hospital mission, payor priorities, and state behavioral health goals.

# HOW IT WORKS: Building the Bridge from Crisis to Stability



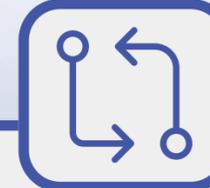
**IDENTIFY**



**ENGAGE**



**CONNECT**



**FOLLOW-UP**



ED staff **refer** patients with SUD or MH diagnosis to Thrive Peer Supporter.



Peer Supporters provide **immediate** bedside support.

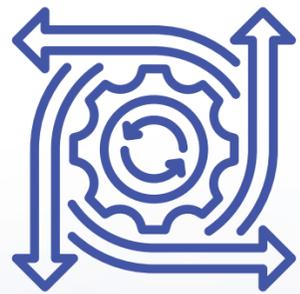


Patients are **linked** to recovery, community, and behavioral health services.



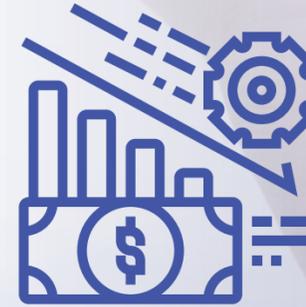
Thrive maintains contact after discharge and provides **ongoing** community-based peer support.

# Benefits for Hospitals



## Operational Relief

**Reduced ED boarding and throughput delays.**



## Cost Avoidance

**Fewer high-cost repeat visits.**



## Community Impact

**Demonstrates commitment to behavioral health.**



## Staff Support

**Decreased burden on ED physicians and nurses.**

# Implementation Support



# DEMONSTRATED IMPACT

**29% REDUCTION**  
in overall healthcare  
costs



**46% REDUCTION**  
in readmission  
rates



**20% IMPROVEMENT**  
in 7 day follow up  
(FUH)



**16% IMPROVEMENT**  
in 30 day follow  
up (FUH)



# THANK YOU



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